

SOCCER STARTS AT HOME



Diesel's
SKILL BUILDERS™

TAG US ON SOCIAL

#SSAHOU

 /HOUSTONDYNAMO
/HOUSTONDASH

 @HOUSTONDYNAMO
@HOUSTONDASH

 @HOUSTONDYNAMO
@HOUSTONDASH



BALL MASTERY

Slide

Tic Tac

Pull/Push

V-Shape

Circles

JUGGLE RECORD

**PLAY 20-30 MINUTES A DAY,
WORKING ON KEEPING THE
BALL CLOSE RATHER THAN
KICKING IT AWAY.**

Most of All, Have Fun!

Dynamo Charities

houstondynamo.com/SoccerStartsAtHome

SOCCER STARTS AT HOME



Diesel's
SKILL BUILDERS™

TAG US ON SOCIAL

#SSAHOU



/HOUSTONDYNAMO
/HOUSTONDASH



@HOUSTONDYNAMO
@HOUSTONDASH



@HOUSTONDYNAMO
@HOUSTONDASH

MONTH

NAME

SUN

MON

TUE

WED

THU

FRI

SAT

houstondynamo.com/SoccerStartsAtHome

Dynamo Charities